Scientific Resources for the Community Health Improvement (CHI) Process

Vickie Boothe, MPH

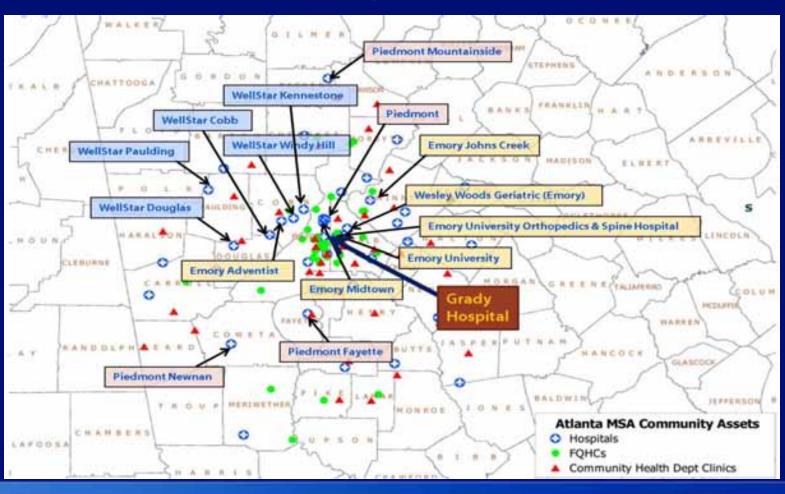
Lead, Population Health Metrics Team CDC's Office of Public Health Scientific Services Center for Epidemiology, Analysis, and Laboratory Services Division of Epidemiology, Analysis, and Library Services



Forces at Work

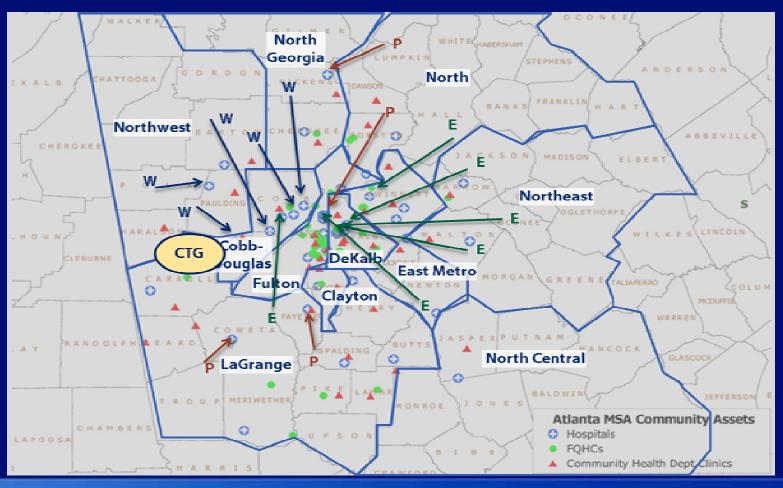
- Tax-Exempt Hospitals requirements for IRS (n>3,000)
 - Conduct community health needs assessment every 3 years
 - Involve community members and State or local public health agency
- Voluntary Public Health Accreditation through the Public Health Accreditation Board (PHAB) (n>3,200)
 - Requires a State/Community health assessment and State/ Community health improvement plan every 5 years
- Community Transformation Grants (n=24)
 - Conduct a community health needs assessment
- Partnerships to Improve Community Health (PICH) (n=30-40)
 - Community health needs assessment within last 3 years
- Federally Qualified Health Centers (FQHC) (n>1,200)

Not-for-Profit Hospitals, Atlanta, 2011



Source: Karen Minyard, GSU NNPHI

Local Health Jurisdictions, Atlanta, 2011



Source: Karen Minyard, GSU NNPHI

Principles to Consider for the Implementation of a Community Health Needs Assessment Process, Rosenbaum

- Maximum transparency to improve community engagement and accountability.
- 2. Multisector collaborations that support shared ownership of all phases of community health improvement.
- 3. Proactive, broad, and diverse community engagement.
- 4. Definition of community (broad while addressing disparities.)
- 5. Use of the highest quality data pooled from....diverse public and private sources.
- 6. Use of evidence-based interventions and innovative practices with evaluation.
- 7. Evaluation to inform a continuous improvement process.

Community Health Improvement (CHI) Process **Monitoring Prioritize Improved** Organize Assess **Implement** and Plan **Health Status Data and Analytic Tools** 9 9 9 **Evaluate** Shared Ownership among Stakeholders Ongoing Involvement of Community Members

Assessment - systematic, collaborative process

Assess

- Profile Characterizes (IOM 1997)
 - Current Health Status
 - Disparities
 - Modifiable Health Determinants
 - Community Perspectives
 - System Assets and Resources
- Data Analysis (CHA 2011)
 - Primary & Secondary Data
 - Most prevalent, severe, and important outcomes and related determinants

Effective Community Health Assessments

4 Products

- Secondary data analysis (already collected and analyzed data)
 - Compare outcome and determinant indicators against peer communities, national averages, HP 2020 benchmarks)
 - Examine trends
 - Identify the most prevalent, severe and important subset of health outcomes and determinants

Community opinions

- Primary data (qualitative and quantitative)
- Collected through key interviews, town halls, listening sessions, and surveys
- Identify community's prioritized set of outcomes and determinants

Assessment of health disparities

- Examine secondary data by sex, race/ethnicity, SES, and geography
- Assets of the Health System and Community

Prioritize and Plan

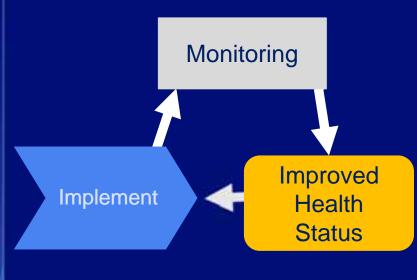
Prioritization - transparent consensusoriented process with objective criteria:

- Magnitude of the problem
 - % Population affected
- Seriousness of the problem
 - Mortality, morbidity, quality of life
- Community Priority
- Feasibility of a successful intervention
 - Knowledge exists
 - Intervention exists
 - Resources exist
 - Acceptable to community

Prioritize and Plan

Community Health Improvement Plan:

- Describe Priority Outcomes
 - Upstream Determinants
 - Disparities
- Actions evidence-based or "best practices"
- Outcome-based goals and SMART objectives
- Targeted Population
- Agency & Partner Roles & Responsibilities

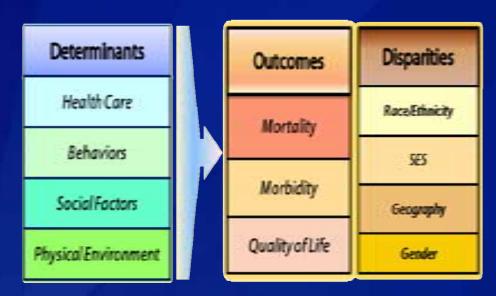


Evaluate

- On-going monitoring
- Formal evaluation
 - Process measures the process of delivering an intervention.
 - Outcome/Impact used to quantify intermediate (impacts) and longerterm (outcomes) effects of an intervention or program. This measures whether the intervention is having the intended impact on target population

Population Health Framework

Data and Analytic Tools



Data reflects holistic model of population health where health outcomes and disparities are the result of complex interactions between health determinants and individual biology and genetics.

Modifiable Determinants + Genetics + Individual Biology

Adapted from: Kindig DA, Asada, Y, Booske B. (2008). A Population Health Framework for Setting National and State Health Goals. JAMA, 299(17), 2081-2083

SCIENTIFIC RESOURCES TO SUPPORT COLLABORATIVE ASSESSMENTS AND COLLECTIVE IMPACT

CH(N)A/I Outcomes & Determinants

- Synthesized 10 seminal sources
 - 2 IOM Reports
 - 3 Published Guidance Reports
 - 2 Professional Organization Web-based Guidance
 - 3 State Health Department Web-based Guidance
- 42 Most Frequently Recommended
 - Health Outcomes
 - Mortality
 - Morbidity
 - Health Determinants
 - Health Care Access/Quality
 - Personal Behaviors
 - Social Factors
 - Physical Environment

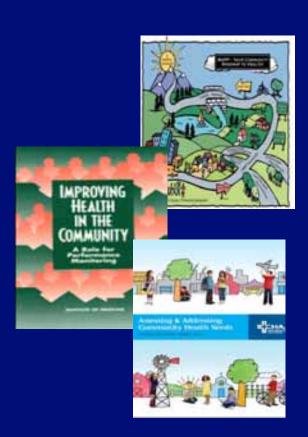
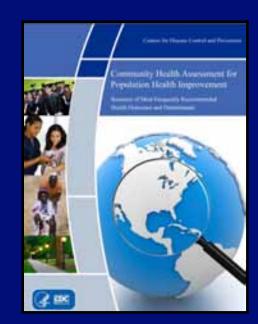


Table 1: Community Health Assessment for Population Health Improvement: Most Frequently Recommended Health Metrics*							
Health Outcome Metrics		Health Determinant and Correlate Metrics					
Mortality	Morbidity	Health Care (Access & Quality)	Health Behaviors	Demographics & Social Environment	Physical Environment		
Mortality - Leading Causes of Death (9)	Obesity (6)	Health Insurance Coverage (6)	Tobacco Use/ Smoking (8)	Age (9)	Air Quality (4)		
Infant Mortality (6)	Low Birth- weight (3)	Provider Rates (PCPs, Dentists) (5)	Physical Activity (5)	Sex (6)	Water Quality (3)		
Injury-related Mortality (3)	Hospital Utilization (4)	Asthma-Related Hospitalization (4)	Nutrition (4)	Race/Ethnicity (9)	Housing (5)		
Motor Vehicle Mortality (3)	Cancer Rates (4)		Unsafe Sex (3)	Income (9)			
Suicide (4)	Motor Vehicle Injury (4)		Alcohol Use (4)	Poverty Level (6)			
Homicide (4)	Overall Health Status (4)		Seatbelt Use (3)	Educational Attainment (6)			
	STDs (chlamydia, gonorrhea, syphilis) (4)		Immunizations and Screenings (5)	Employment Status (6)			
	AIDS (3)			Foreign Born (3)			
	Tuberculosis (4)			Homelessness (3)			
				Language Spoken at Home (3)			
				Marital Status (3)			
				Domestic Violence and Child Abuse (3)			
				Violence and Crime (4)			
				Social Capital/Social Support (4)			

^{*} Numbers in parenthesis indicate the number of 10 Guidance Documents that recommended that specific outcome or determinant/correlate.

CHA MOST FREQUENTLY RECOMMENDED HEALTH OUTCOMES AND DETERMINANTS

- Health Outcomes & Determinants Linked to Indicator Sources
 - Comparable, Valid, Reliable
 - MSA, County, Sub-county
- History and Need for a Common Set of Metrics
- Utility of Population Health Framework
- Methods & Sensitivity Analysis
- IOM Call for Research & Consensus Process



Available at http://stacks.cdc.gov/view/cdc/20707

Redesign and 2014 Launch of the Community Health Status Indicators (CHSI)





CHSI 2014 Purpose

To improve the ability of stakeholders to:

- Comprehensively assess community health status and identify disparities;
- Promote a shared understanding of the wide range of factors that drive health; and
- Mobilize multi-sector partners to collaborate with communities towards sustainable population health improvement.

CHSI 2014 Stakeholders

Primary

- Organizations conducting community health assessments
 - State, local, tribal and territorial health departments for accreditation
 - Non-profit hospitals (IRS-required)
 - FQHCs, United Way, community-based organizations (CBOs)

Secondary

- Policy makers, government agencies, and business leaders
- Community members and general public

CHSI Background

- Produces health profiles for each of the 3,141 counties in the U.S.
- 1998 Collaboration led by HRSA
 - Included the Public Health Foundation (PHF), ASTHO, and NACCHO
- First released in individual hard copy formats in 2000
- Steering Committee convened to evaluate, update, and further develop the CHSI in 2004
 - HRSA, CDC, the National Library of Medicine (NLM), PHF, faculty from Johns Hopkins
 - Advisory partners: NACCHO, ASTHO, National Association of Local Boards of Health (NALBOH)
- Converted to an on-line format 2008 and updated in 2009

Redesigned CHSI

■ Targeted for launch – Summer 2014

- Updated & refined set of peer counties
- Reorganized in a population health framework
- New and updated indicators
- Peer county comparisons for all indicators
- Summary comparison page
- Census tract data for hot spots and disparities, where available
- Improved user interface
- Improved indicator visualization

Proposed Annual Release Strategy

- Biannual updated data release
- Biannual improved functionality release



CHSI 2014 Updates

Prior Versions	2014 Updated Version		
Outdated Graphics	Enhanced User Interface with Expanded Visualization of Peers		
Chronic Disease Focus	Total Population Health Model		
Peer Perspective: Provision of Health Care	Peer Perspective: Social Determinants of Health		
 Only 5 Peer County Criteria Variables: Frontier Status Population Size Poverty (access to HC, insurance) Age Distribution (<18 and 65+) Population Density (urban/rural) 	 Many Peer County Criteria Variables More Demographics Broader representation of socioeconomic determinants of health 		
Peer County Methodology=Decision Tree	Peer County Methodology=Cluster Analysis		

Peers via K-Means Clustering



89 Peer Groups Average Size: 35 Counties (Range= 9-78) 19 Variables

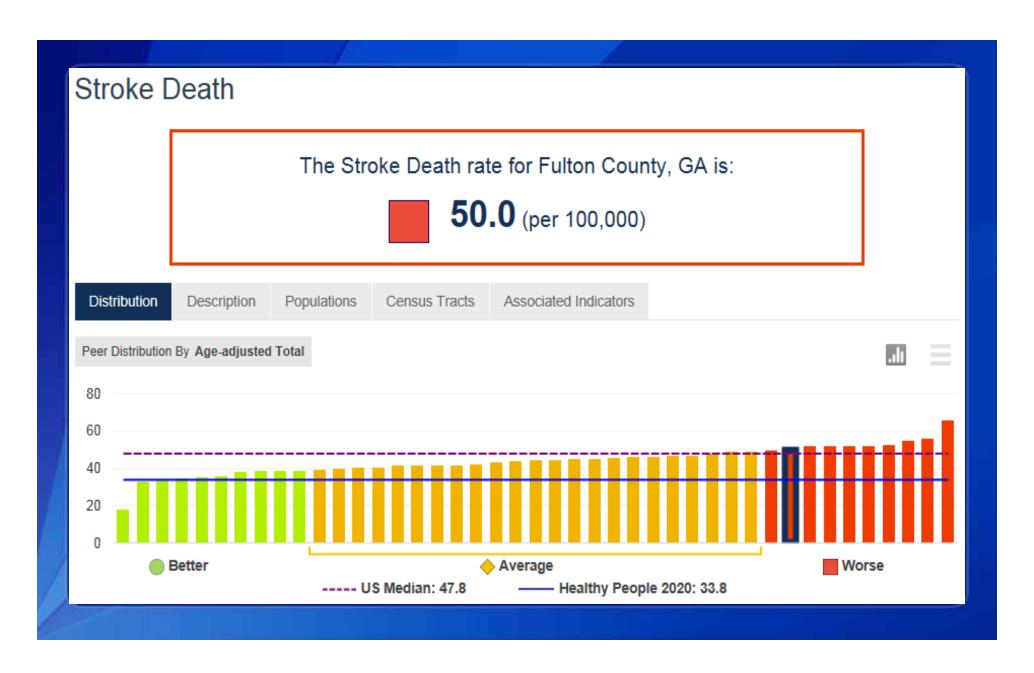
- Population (Size, growth, density, mobility)
- Demographics (Children, Elderly, Gender Ratio, Foreign-born)
- Education Level
- Family Structure (Single Parent)
- Housing (Home Value, Housing Stress, Tenure)
- Income and Income Inequality
- Poverty, Public Assistance, Employment
- Urbanicity

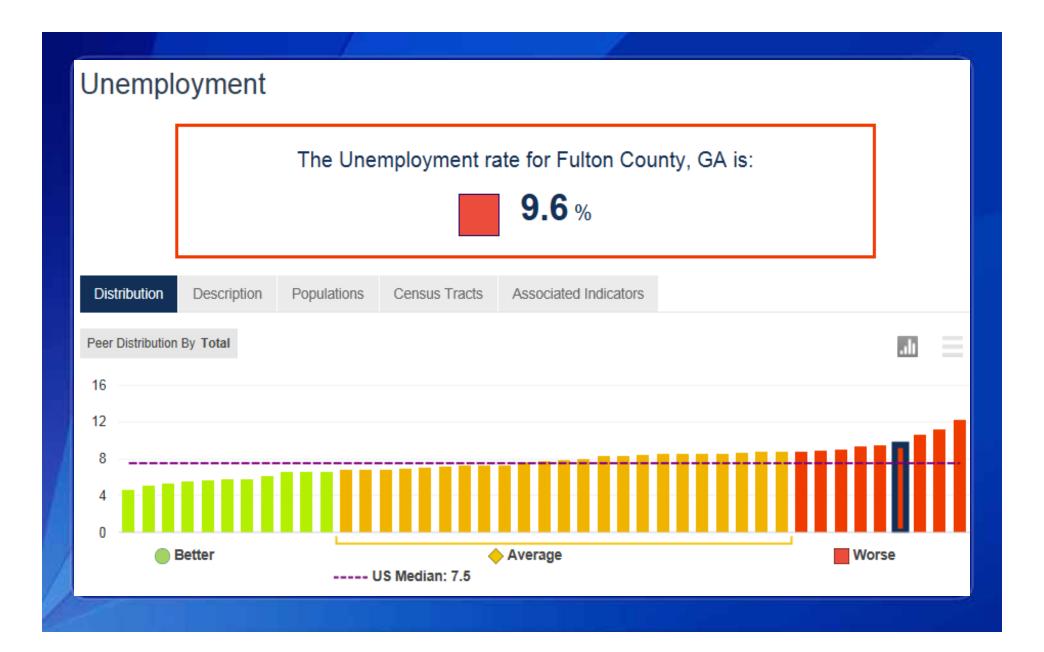
COMMUNITY HEALTH ASSESSMENT for POPULATION HEALTH IMPROVEMENT: MOST FREQUENTLY RECOMMENDED HEALTH METRICS*

Health Outcomes Metrics		Health Correlates and Determinates Metrics			
Mortality	Morbidity	Health Care	Health	Demographics & Social	Physical
		(Access & Quality)	Behaviors	Environment	Environment
Mortality - Leading Causes of Death (9)	Obesity (6)	Health Insurance Coverage (6)	Tobacco/ Smoking (8)	Age (9)	Air Quality (4)
Infant Mortality (6)	Low Birthweight (3)	Provider Rates (PCP, Dentists) (5)	Physical Activity (5)	Sex (6)	Water Quality (3)
Injury-related Mortality (3)	Hospital Utilization (4)	Asthma Hospitalizations (4)	Nutrition (4)	Race/Ethnicity (9)	Housing (5)
Motor Vehicle Mortality (3)	Cancer Rates (4)		Unsafe Sex (3)	Income (9)	Access to Healthy Food
Suicide (4)	Motor Vehicle Injury (4)		Alcohol Use (4)	Poverty (6)	Access to Recreation
Homicide (4)	Overall Health Status (4)		Seatbelt Use (3)	Educational Attainment (6)	
	STDs (chlamydia, gonorrhea, syphilis) (4)		Immunizations and Screenings (5)	Employment Status (6)	
	AIDS (3)			Foreign Born (3)	
	Tuberculosis (4)			Homeless (3)	
				Language Spoken at Home (3)	
				Marital Status (3)	
				Domestic Violence and Child Abuse (3)	
				Violence and Crime (4)	

Fulton County Summary Comparison

	Better	Average	Worse		
Mortality	Chronic Lower Respiratory Disease (CLRD) Death Coronary Heart Disease Death Suicide Death	Alzheimer's Disease Death Cancer Death Diabetes Death Influenza and Pneumonia Death Motor Vehicle Traffic Death Unintentional Injuries	Chronic Kidney Disease Death Female Life Expectancy Firearm Mortality Homicide Death Male Life Expectancy Stroke Death		
Morbidity	Adult Obesity Adult Overall Health Status Older Adult Asthma Prevalence Older Adult Depression Prevalence	Cancer Rates Diabetes Prevalence Older Adult Alzheimer's/Dementia Prevalence	Chlamydia Gonorrhea HIV\AIDS Preterm Births Syphilis		
Health Care Access		Adult Physician Use Delay Older Adult Preventable Hospitalizations Primary Care Provider Uninsured			
Health Behaviors	Adult Smoking Routine Pap Tests	Adult Binge Drinking Adult Physical Inactivity Nutrition Seatbelt Use Teen Pregnancy			
Social Factors		High Housing Costs Inadequate Social Support	Children in single-parent households On Time Graduation Overall Poverty Unemployment		
Physical Environment		Housing Stress Limited Access to Healthy Food PM2.5 Annual Concentrations Population Living Near Highways	Access to Parks Drinking Water Quality		







CHSI 2014 Acknowledgments

Michele Bohm

Adam Chen

Kenya Murray

Dolly Sinha

Norma Kanarek

Ron Bialek

Richard Klein

Lisa Lang

Lisa Sedlar

Henry Rolka

David Walker

Betsy Gunnels

Paula Yoon

Rachel Kaufmann

Richard Rothenberg

Scott Weaver

Vlad Beresovsky

Donald Malec

Joaquin Hernandez

Zachary Welch

Michael (Kiet) Ta

Shawna Mercer

Maryan Reynolds

David Delozier

Sara Bedrosian

Susan Katz

Kate Brett

Jessie Hood

Tiffany Wilson

Brett Headley

Asad Islam

Roseanne English

Lindsay Brown

Paul McMurray

Sigrid Economou

Stephanie Foster

Elaine Hallisey

David Shelton

Andy Dent

Vickie Boothe

Email: veb6@cdc.gov

Phone: (404) 498-2826

For more information please contact Centers for Disease Control and Prevention

1600 Clifton Road NE, Atlanta, GA 30333

Telephone, 1-800-CDC-INFO (232-4636)/TTY: 1-888-232-6348

E-mail: cdcinfo@cdc.gov Web: www.cdc.gov

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.



Office of Public Health Scientific Services

Office of State, Tribal, Local, and Territorial Support